

The ventilated glasses system with a removable pad and
detent includes an eyeglass frame and an inner frame with
the pad. The first aperture and the second aperture are
5 located on the nostril bridge support, where condensation
tends to be the most prevalent. Air can flow from the
exterior surface to the interior surface through the first
aperture and the second aperture. Detents securely attach
the inner frame to the eyeglass frame.